

**Contra Costa County Advisory Council on Aging (ACOA)**  
**Health Work Group Minutes**  
**Thursday, June 9, 2022**

**Call to Order:** Jennifer Doran called the meeting to order at 9:30 am.

**Present:** Jennifer Doran, Eric Freitag, Jim Donnelly, Nuru Neemwuchwalla, Sara Shafiabady, Susan Frederick, Dennis Yee Brian O'Toole, Michelle Berman, Michael Wener, Fran Smith, Caitlin Sly, Terri Tobey

**Guests:** Abraham Aviles, Bill Pelter

**Absent:** Penny Reed, Candace Evans, Nancy Leasure, Marty Aufhauser, Lorna Van Ackeren

**Staff:** Jenny Lam, Anthony Macias

**Approval of Agenda/Minutes**

- Approve Today's Agenda – Michael made a motion to approve the agenda. Nuru seconded the motion. The agenda was approved unanimously.
- Approve May minutes - Dennis made a motion to approve the minutes. Michael seconded the motion. The minutes were approved unanimously.

**Presentation: Contra Costa Health Service Senior Peer Counseling** – Abraham Scott-Avlies,  
Director

- PDF of Power Point of presentation attached to minutes.

**Nursing Home informational Brochure**

- Final draft of nursing home informational brochure was approved for printing and distribution.

**Member Reports:**

- **AARP** – Nuru Neemuchwalla
  - AARP is advocating for reduction of cost for prescription through legislation.
- **Dementia/Alzheimer's** – Eric Freitag
  - Resources that might be helpful to members:  
Dementia Care educator, Teepa Snow, has videos available at <https://www.youtube.com/c/teepasnowvideos> that discuss Dementia and caring for persons(s) with Dementia/Alzheimer's.
- **Elder Abuse Prevention** – Terri Tobey
  - June is Elder Abuse Awareness Month.
  - Terri reported on Money Mule fraud affecting older adults. A money mule is someone who receives and moves money that came from victims of fraud. Some money mules know they are assisting with criminal activity, but others are unaware that their actions are helping fraudsters.

- A useful resource is The National Center on Law and Elder Rights (NCLER) which provides legal services and tools and resources aging and disability communities need to serve older adults with the greatest economic and social needs. [NCLER - Home \(acl.gov\)](https://www.acl.gov/ncler)
- Nursing Homes – Susan Frederick
  - Current legislation allows nursing homes who do not have current permits or have license applications pending to continue to operate and open new sites.
- Racial/Ethnic Disparities – Dennis Yee
  - Dennis shared an article about money intended to help limit the spread of Covid-19 among those most at risk in rural areas and within racial and ethnic minority groups.
  - For full article go to: <https://khn.org/news/article/covid-health-disparities-federal-funding-state-spending/>

#### **Discussion: Future Presentations**

- August: Dr. Sara Levin, Contra Costa County Deputy Health Officer
- September: Hospice Services in Contra Costa

#### **Public Comment**

- Jennifer- According to the 2022 Point in Time count of homeless people in Contra Costa County 3,093 persons live in shelter beds or outdoors on an average night in Contra Costa.

**Future Meetings:** Next meeting Thursday, August 11, 2022.

The meeting adjourned at 11:05am