



Contra Costa County
Advisory Council on Aging
Senior Mobility Action Council (SMAC)
Transportation Workgroup

MINUTES
April 26, 2021

Join Zoom Meeting: <https://us02web.zoom.us/j/86492532267?pwd=SEpWC9mWXJxamJ1RTg0cmhkSVhZZz09>

Meeting ID: 864 9253 2267 Passcode: 344115

I. Welcome – Mary Bruns, SMAC Chair called the meeting to order at 9:32am.

II. Attendance – **ACO members in bold**

SMAC Members Present – **Mary Bruns, Jim Donnelly, Lorna Van Ackeren,** Marge Cortes, John Cunningham (County 5), Lisa Hammon, Sean Hurley (County Connection), Joanna Pallock, David Pitman, Elaine Welch, Melanie Smith (A&AS Staff Support).

III. Self Introductions – each attendee introduced themselves.

IV. Approval of April 26, 2021 Agenda

Motion by Lorna Van Ackeren, second by Lisa Hammon to approve today's agenda; Vote unanimous.

V. Approval of March 22, 2021 Minutes

Motion by Jim Donnelly, second by Lorna Van Ackeren to approve the March minutes; Vote unanimous.

VI. Speaker: Elaine Welch RN MBA, Executive Director, Mobility Matters
www.mobilitymatterscc.com 925-284-2207

In 2005 Elaine started the first countywide volunteer driver program: Rides for Seniors for people age 60 and over living anywhere in CCC and ambulatory; they must need door through door assistance. The program is strictly for someone trying to live in place. In 2012 they added the additional service of Rides for Veterans. They are serving over 400 clients with over 200 volunteers. To be a volunteer, a driver must be between 25 to 75 years of age with an excellent driving record. Training is provided on how to assist riders with safety issues for transport. Volunteer drivers are desperately needed in East County.

For additional information – Way to Go Contra Costa online www.waytogocc.com and www.mobilitymatterscc.com

The COVID19 pandemic caused Mobility Matters to stop providing rides for the first two months. They taught their drivers safety protocols, how to sanitize their cars, and provided Personal Protective Equipment (PPE.) They began a shopping program in partnership with local grocery stores to assist with food purchases during the shelter in place by their trained volunteer shoppers. Beginning May 5th they will resume providing rides to the grocery stores and errand services. Currently they are taking seniors one on one for vaccines.

Capacity to provide rides is the main limiting issue for Mobility Matters.

Additionally they do provide information/assistance regarding senior transportation in CCC and evaluate the caller's needs to guide them to the right solution/s.

- VII. SMAC Recess months – July, November, and December 2021. The ACOA recesses in July and November. The SMAC Workgroup has traditionally recessed November and December. Discussion was in agreement with recessing all three months.

Motion by Joanna Pallock, second by Lorna Van Ackeren to recess in July, November, and December 2021; Vote unanimous.

- VIII. Transportation Infographic – Jim Donnelly will send Anthony Macias (AAA Staff) the Transportation Infographic with a copy to Mary.

IX. COVID19 Updates

- A. Lamorinda Spirit - Mary reported that the Lamorinda Spirit is re-opening with social distancing, Personal Protective Equipment (PPE), and sanitizing between each single rider transportation. The program serves seniors 60 and up in Lafayette, Orinda, and Moraga on a first come first served basis.
- B. Choice in Aging - Lisa Hammon shared that Choice in Aging is hoping to bring back 20 participants, is excited to be training staff and coordinating the process for returning to their pre-pandemic normal of 60 per day. Choice in Aging applied for funding with the California Automobile Association of America to access the strategic transportation plan. Contra Costa Transit Authority (CCTA) agreed to match \$80,000 to work on the “Accessible Transportation Strategic Plan.”

X. Program Updates and Announcements

David mentioned the Community Emergency Response Team (CERT) for California Disaster Preparedness.

Joanna reported on the Travel Training Program for mobile seniors with devices to take them on trips to the ferry, to LINK, to BART that was stopped during COVID19.

They will be reintroducing the program in July and including technical competency training.

Lorna shared a program from Hillendale for caregivers on how to use your body to assist with ambulation which is slated to launch in June.

XI. May Meeting Agenda Planning (Fourth Monday)

A. Uber / Lyft on transportation accessibility for seniors.

B. Joanna volunteered to speak on transportation in West County at a future meeting.

XII. Public Comment – n/a

XIII. Adjournment

Motion by Jim Donnelly, second by Lorna Van Ackeren to adjourn the meeting at 11:08am.

Minutes recorded by:

Melanie Smith, Senior Staff Assistant
msmith@ehsd.cccounty.us 925-471-2899

NEXT MEETINGS - Fourth Monday of each month:

Monday June 28, 2021 at 9:30am

July – SMAC Workgroup Recess – no meeting

Monday August 23, 2021 at 9:30am

The ACOA meets currently on Zoom on the third Wednesday of the month from 9:30am to 11:30am and recesses in July, and November. Work Group and Committees: SMAC, Elder Abuse Prevention, Health, Housing, Legislative, Membership, Nutrition, Planning, and Technology.

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if the call 925-602-4172 and ask for Anthony Macias at least 48 hours in advance of the meeting.

Contra Costa County Advisory Council on Aging members are appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency Plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the council or its individual members do not represent the official position of the County or any of its officers.