

Contra Costa County Advisory Council on Aging (ACOA)
Health Work Group Minutes
Thursday, February 10, 2022

Call to Order: Jennifer Doran called the meeting to order at 9:30 am.

Present: Jennifer Doran, Eric Freitag, Brian O’Toole, Caitlin Sly, Jim Donnelly, Marty Aufhauser, Sara Shafiabady, Gerald Richards, Penny Reed, Susan Frederick, Nuru Neemwuchwalla, Dennis Yee, Nancy Leasure

Absent: Michael Wener, Candace Evans

Staff: Anthony Macias

Approval of Agenda/Minutes

- Approve Today’s Agenda –Eric made a motion to approve agenda. Marty seconded the motion. The agenda was approved unanimously.
- Approve January minutes - Eric made a motion to approve the minutes. Penny seconded the motion. The minutes were approved unanimously.

Review/Discussion: Long Term Care informational flyer

- Further review of the draft of Long Term Care (LTC) informational flyer.
- After much discussion and input from workgroup members, a final draft of flyer content was agreed upon.
- Anthony will consult with Employment and Human Services Department (EHSD) community/media relation manager about whether content of draft requires review by County Counsel.

Future Workgroup Presenters and Projects:

- CalAIM enhanced case management program (nutrition specific)
- Meals-on-discharge project
- Older Adult Mental Health programs
- Senior Peer Counseling program
- COVIA Well Connected Program

Member Reports:

- **Legislative** – Nancy Leasure
 - Assembly Proposal (AP) 14 – This proposed measure would require the State of California to make various reforms relating to hospice care. It is not yet a Bill but Nancy will follow the legislative process on the proposal and if it becomes a Bill will discuss with workgroup about writing letter of support.
- **Dementia/Alzheimer’s** – Eric Freitag
 - Mentioned article of interest to workgroup members: [California nursing homes: Why poor residents can’t go home - CalMatters](#)

- Elder Abuse prevention – Terri Tobey
 - Scam Stoppers event on February 16 informational flyers provided by Terri and forwarded by email to workgroup members.

- Caregiver Resources – Terri Tobey
 - Terri provided information from Falls Prevention event held in January by Meals-on-Wheels Diablo Region.

- Senior Mental Health – Susan Frederick
 - Susan commented on Ways and Means Committee Hearing on America’s Mental Health Crisis held in February.

- Nutrition – Caitlin Sly
 - Most senior centers are now open for congregate meals three days a week. In March, this will increase to four days a week.
 - Home delivery of meals is increasing and additional routes added.
 - MOWDR has expanded breakfast bag program for those in food deserts.

- Racial/Ethnic Disparities – Dennis Yee
 - Dennis contacted Gilbert Salinas, Chief Equity Officer with Contra Costa Health Services (CCHS) and received information on vaccination rates among ethnic groups in the county.
 - Dennis to provide a link Health Equity Conversations with Gilbert Salas on YouTube <https://www.youtube.com/watch?v=t-zQxXIEeJg>

Public Comment

None.

Future Meetings: Next meeting Thursday, March 10, 2022.

The meeting adjourned at 11:30am.