

**Contra Costa County Advisory Council on Aging (ACOA)
Health Workgroup Minutes
Thursday, February 9, 2023**

Call to Order: Jennifer Doran called the meeting to order at 9:32 am.

Present: Mike Awadalla, Michelle Berman, Jim Donnelly, Jennifer Doran, Susan Frederick, Carol Kehoe, Nuru Neemuchwalla, Brian O’Toole, Sara Shafiabady, Caitlin Sly, Michael Wener, Dennis Yee

Guests: Debbie Card

Staff: Jenny Lam

Approval of Agenda/Minutes:

Approve Today’s Agenda – Michael made a motion to approve the agenda. Dennis seconded the motion. The agenda was approved unanimously.

Approve January 2023 minutes –

Jennifer made motion to amend minutes:

- Add: “Carol Kehoe volunteered to join Elder Abuse Subcommittee”
- Remove: Nancy Leasure as absent and as a member of the Health Workgroup

Caitlin made a motion to approve the minutes as amended. Michael seconded the motion. The minutes were approved unanimously as amended.

Aging in Place Brochure Committee Update – Sara Shafiabady, Michelle Berman

- Working on brochure which will include lots of information on Aging in Place

Presentation: Dementia 101: Mount Diablo Memory Center - Eric Freitag, PsyD, PhD,

- Provided presentation on Dementia: Diagnosis, types of treatment of dementia

Elder Abuse Future Presentation update: Carol Kehoe

- Carol and Jennifer met regarding Elder Abuse Presentations - would like to focus on providing presentations in West County

Member Reports:

- AARP – Nuru Neemuchwalla
 - AARP asked members to send email reminder to the President regarding Union Speech to encourage protection of Social Security and MediCare. Also requested that members send emails to legislatures as well.
- Dementia/Alzheimer’s – Eric Freitag
 - No report
- Nursing Homes – Susan Frederick

- Centers for Disease Control and Prevention announced that nursing staff could administer COVID-19 boosters.
- Centers for Medicare and Medicaid Services announced new initiatives to combat phony schizophrenic diagnosis.
- Nutrition – Caitlin Sly
 - Senior Nutrition transition between Area Agency on Aging (AAA) and Public Health Department: Senior Nutrition staff currently stationed at AAA office. Working closely with AAA regarding program needs.
 - Working on One Time Only amendment funds for FY 22-23.
 - Grab and go meals are set to end, currently winding down program and have stopped enrolling individuals for this specific program.
 - Expanding Cultural Cuisine pilot program into Antioch and Pittsburg with Older Adults Recovery and Resilience Act funding. Also working with West Contra County Meals on Wheels regarding Cultural Cuisine pilot program for West County.
 - Will submit response to Measure X: Case Management, Transportation and Outreach RFP for outreach and case management services.
- Racial/Ethnic Disparities – Dennis Yee
 - Discussed article: Experienced discrimination and racial differences in leukocyte gene expression

Future Presentations:

- Emily Milstein from Contra Costa Senior Legal Services will present next month
- Jennifer will look into scheduling Order of MALTA Clinic of Northern California for future presentations

Public Comment:

- Jim shared information from Planning Committee meeting regarding various meals served by Senior Nutrition program. Funding currently inflated by COVID relief funding and program will eventually return to baseline funding.

Future Meetings:

- Thursday, March 9, 2023 at 9:30 am

The meeting adjourned at 11:23 am