

**Contra Costa County Advisory Council on Aging (ACOA)
Health Workgroup Minutes
Thursday, January 12, 2023**

Call to Order: Jennifer Doran called the meeting to order at 9:30 am.

Present: Marty Aufhauser, Michelle Berman, Jim Donnelly, Jennifer Doran, Carol Kehoe, Brian O'Toole, Sara Shafiabady, Caitlin Sly, Dennis Yee

Guests: Candace Evans, Gerald Richards

Absent: Mike Awadalla, Susan Frederick, Eric Freitag, Thomas Lang, Nuru Neemuchwalla, Bill Pelter, Ramapriya Raju, Penny Reed, Terri Tobey, Lorna Van Ackeren, Michael Wener

Staff: Jenny Lam

Approval of Agenda/Minutes:

Approve Today's Agenda – Jim made a motion to approve the agenda. Marty seconded the motion. The agenda was approved unanimously.

Approve December 2022 minutes – Jim made a motion to approve the minutes. Candace seconded the motion. The minutes were approved unanimously.

Aging in Place Brochure Committee Update – Sara Shafiabady, Michelle Berman

- The Subcommittee has met several times over the past few months regarding the Aging in Place brochure. The goal is to present a draft of the brochure at the next Health Workgroup meeting.

Presentation: Family Justice Center, Contra Costa County Elder Abuse Prevention Project (EAPP)
- Heavinlei Olmos, Navigator

- Provided an overview of the Elder Abuse Prevention Project (EAPP): a partnership among Contra Costa County organizations to serve elders who are experiencing abuse.
- EAPP addresses the fractured system for individuals seeking help due to traumatic events.
- EAPP has emergency funds available for individuals who are victims of abuse.

Brainstorm: Elder Abuse Presentations

- Jennifer suggested scheduling a presentation before the June 2023 meeting.
- Dennis suggested hosting a financial abuse outreach and education presentation.
- Jennifer requested members to form a subcommittee to research and develop topics for future meetings. Carol Kehoe volunteered to join Elder Abuse subcommittee.

Member Reports:

- Dementia/Alzheimer's – Eric Freitag

- Legembi, an Alzheimer drug, received approval from the Food and Drug Administration. Medicare will provide limited coverage if patients are enrolled in a clinical trial. Leqembi mRNA drug costs about \$26,500 per year.
- Nutrition – Caitlin Sly
 - The Walnut Creek Café site is temporarily moving due to renovations. The temporary location is at the Hillside Church. Transportation to the new location will be provided.
 - Receiving additional funding from Older Adults Recovery and Resilience (OARR) to expand the Cultural Cuisine program, which serves Latin X cuisine. Partnering with Meals on Wheels West Contra Costa to expand the program in West County.
 - Retooling restaurant pilot at Chapala Café to target lower-income seniors. Will determine new location to attract target population.
- Racial/Ethnic Disparities – Dennis Yee
 - Discussed “National Elder Mistreatment Study: Race and Ethnicity Findings” research with the Health Workgroup.

Future Presentations:

- Gerald suggests to reach out to Order of Malta Clinic of Northern California who serves low income individuals with no insurance to schedule a presentation.
- Eric volunteered to provide a presentation on dementia for future meetings.

Public Comment:

- None

Future Meetings:

- Thursday, February 9, 2023 at 9:30 am

The meeting adjourned at 11:15 am