

**Contra Costa County
Advisory Council on Aging**

Aging & Adult Services
400 Ellinwood Way
Pleasant Hill, CA 94523
(925) 655-0773



Health Workgroup

Thursday, February 9, 2023 • 9:30 – 11:30 a.m.

Zoom: <https://cccouny-us.zoom.us/j/84477205042?pwd=MENTSXU4eGpBeGZTQmpRYnBsbzY2dz09>

Password: 297429

By Telephone: USA (214) 765-0478 Conference code: 445291

AGENDA

9:30 **Open meeting:** Jennifer Doran
Adopt Today's Agenda
Approve January 2023 Minutes

9:35 **Aging in Place brochure update/review:** Sara Shafiabady and Michelle Berman

9:40 **Presentation – Dementia:** Eric Freitag, PsyD, PhD.

10:15 **Break**

10:25 **Elder Abuse future presentation update:** Carol Kehoe
Group discussion- Jennifer

10:45 **Member Reports:**

- AARP – Nuru Neemuchwalla
- Dementia/Alzheimer's – Eric Freitag
- Elder Abuse Prevention – Terri Tobey
- Nursing Homes – Susan Frederick
- Nutrition – Caitlin Sly
- Racial/Ethnic Disparities – Dennis Yee

11:00 **Future presentations**

11:25 **Public Comment**

11:30 **Adjourn**

THE CONTRA COSTA COUNTY ADVISORY COUNCIL ON AGING AND ITS COMMITTEES WILL PROVIDE REASONABLE ACCOMMODATIONS FOR PERSONS WITH DISABILITY PLANNING TO ATTEND THE ABOVE NOTICED MEETING IF THEY CALL 925 655-0776 AT LEAST 48 HOURS IN ADVANCE OF THE MEETING.

THE CONTRA COSTA COUNTY ADVISORY COUNCIL ON AGING IS APPOINTED BY THE BOARD OF SUPERVISORS TO ADVISE THE AREA AGENCY ON AGING ON ALL MATTERS RELATED TO THE DEVELOPMENT AND ADMINISTRATION OF THE ANNUAL AREA AGENCY PLAN AND OPERATIONS CONDUCTED THEREUNDER, IN ACCORDANCE WITH MANDATES FROM THE OLDER AMERICANS ACT. ANY COMMENTS OR RECOMMENDATIONS MADE BY THE COUNCIL OR ITS INDIVIDUAL MEMBERS DO NOT REPRESENT THE OFFICIAL POSITION OF THE COUNTY OR ANY OF ITS OFFICERS.